

Personal Development options 2024-25

	The purpose of this PDP option is to...
Activities for All	Provide access to physical activities that are new to students and enable them to understand the skills, strategies and physical preparedness required. They will be able to exercise, learn new activities, raise the heart rate and gain the cathartic benefit from taking part in new sporting activities. Students will develop leadership skills as they work in small groups and have the chance to design and lead a relevant warm up; run a sporting drill for others in the group; lead a sporting activity in which they have an interest or specialism and captain a small sided team in an alternative/new activity to them. They also organise social competitions, leading on officiating, scoring and sorting orders of play. There is also the opportunity to lead small groups of KS3 PE students in potted versions of a new alternative activity they have experienced within PDP Activities for All.
Amnesty	Organise successful 'Jamnesty' nights in local live music venues - bringing bands, speech writers, MCs, rappers, and part-goers all together under one joyful roof. Last year we raised £1326.20 for Amnesty UK and developed awareness about important human rights issues. We develop skills in leading, organising, creating, public speaking, communicating, and fundraising. Students will also raise awareness of on-going human rights issues via QR codes and informative PPT slides on either Monday Memos or form time padlets.
Creative Arts	Develop organisational skills effective teams' inclusivity, liaise with other teams/students from other PDP disciplines, and design and produce the set, props, costumes, tickets and publicity materials for the school pantomime, which is performed to all other students in the school, elderly members of the community and pupils from local primary schools. To provide students opportunities to develop several transferable skills, including working creatively, planning, time management, problem solving, effective communication, teamwork, cooperation, and working towards a shared outcome. Students participating in the creative arts option have the opportunity to plan, resource and deliver creative links to students from local primaries and will work with children from Huntington Primary School and support them to create art work that will be used in the pantomime.
Debating	Help build student confidence, encourage logical reasoning, and cultivate respect for differing viewpoints, helping to prepare them for both academic and real-world challenges. We will also develop students' analytical and communication skills by fostering constructive debate on diverse topics in a fun but competitive setting. Students will discuss then create a debate resource around the issue of compulsory vaccinations to then use in KS5 form-time to promote healthy discussion and engagement with current affairs. As well as helping to create the resource, members of the debating group will be expected to play an active role in leading the discussion when used in form. Every general election year, the group help to lead whole-school mock elections to help lower students engage with policies. We also plan to run an extra-curricular club for lower school students led by sixth form debaters.
Drama and Music (Panto)	Provide a great opportunity to bring a show from page to stage and understand the elements of putting on a show to a variety of audiences. To rehearse and stage a pantomime for the school and wider community, working as part of a creative team, alongside, actors, musicians, dancers, stage and technical crew. Music and Drama. Students take the lead in creating all aspects of a pantomime performance from leading rehearsals to choreography, arranging music, vocal coaching, leading the band, marketing and event production. Performances are given to all school year groups, the public, the link group and feeder primary schools. In January and February year 6 students from Huntington Primary, Robert Wilkinson and Yearsley Grove will attend performances of the student-led Panto. KS5 students will take responsibility for adapting the play for a younger audience, welcoming the students into the school, performing the show and chatting about the performance with them afterwards. Sixth formers will gain invaluable experience in leadership and performance whilst supporting the schools year 6-7 transition work.
Duke of Edinburgh Award	Take action in their community, get fitter and develop their confidence in a particular skill. Students attain this award by doing volunteering, fitness, and a skill over the period of a year. They also have to complete a three-day two night, fully self-sufficient expedition, over unfamiliar and challenging terrain. Students have to undergo leadership across the Expedition, Volunteering and skill section, for example, many of our students choose to coach or help with the coaching of other young people in sports such as hockey. This is a weekly commitment that they will do for six months to a year. Their work is signed off by a qualified assessor.
Enterprise	Develop students enterprising skills and ability through teamwork. Building relationships with peers and adults inside and outside of the school setting. The purpose of the Enterprise PDP is to give students a taste of business and enterprise through a variety of fundraising activities. Students participating in the business enterprise option have the opportunity to run an enterprise activity with KS3 or KS4 students.
Learning support	Cultivate a sense of community, encourage peer mentoring, and strengthen academic engagement. This initiative develops sixth form students' empathy and responsibility while enhancing lower school students' learning experiences, fostering a collaborative school culture that values shared growth and support. The objective of this enrichment option is to enhance sixth form students' leadership and communication skills while fostering a supportive learning environment for lower school students. It encourages collaboration, mentorship, and academic reinforcement, benefiting both age groups through shared knowledge and experience.
Link Group	Provide students with opportunities to use their initiative and develop their leadership skills. They will do this through helping to support and organise the activities held each week. They will show kindness and compassion through their willingness to engage with our members. Students will have an opportunity to contribute to positive social change by spending time with senior members of our community.
MasterChef	Prepare for independent life and be able to cook healthy, nutritious and fresh meals. Students will learn new cooking skills and contribute to the wider community by cooking for Link group and the Senior Citizens Christmas party.

Sports Leadership	Provide Sports Leadership opportunities to develop key skills through completion of four areas; Building Leadership skills; Plan, Leading and Evaluating; Event Planning; Community Volunteering. Focus on and develop five key skills; Communication, Self-belief, Teamwork, Self-management and Problem Solving. Throughout the school year, students visit local primary schools to assist with their on-going physical activity challenges organised by the School Sports Partnership, and are also responsible to plan and deliver 'Active Afternoons' during the summer term. Active Afternoons are likely to be delivered to Robert Wilkinson's, Stockton on the Forest, Huntington and Elvington Primary Schools. Students have also deliver physical activities to the Link Group. The student leaders learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community.
Sustainability	Provide students with the knowledge and skills necessary to understand and tackle environmental issues, fostering a commitment to sustainable practices and social responsibility. To engage students in hands-on projects and collaborative initiatives that promote sustainability, empowering them to become informed advocates for environmental stewardship in their communities and future careers. Students will create resources to help educate others in school about the importance of sustainability.
Work Placement: NHS cadets	Develop an advanced understanding of the NHS To enhance the employability of students considering careers in health professions.
Work placement and volunteering	Develop an advanced understanding of a specific career or sector. Students will also develop transferable skills that will be beneficial for them after sixth form and help increase their employability.